



## St. George International School May Menu 2018

Date	Breakfast	10:00	Salad	Soup	Lunch	Desert	Afernoon snack
2.5.2018	Ciabatta with philadelphia cheese with tomato / tea	pear	Shopska salad/Cesar salad	Chicken stew/ Spinach soup	Pasta with mini meat balls, tomato sauce and parmsan/Pork stew/Pasta with cherry tomatoes and mozzarella	Fruit juice	Biscuit cake / Milk
3.5.2018	Baked donuts / tea	banana	Tabbouleh/Salad with lettuce, cucumber,fresh union	Tomato soup	Grilled tilapia fillet with butter sauce / Pene with fish and stewed potatoes	Yogurt cream with chia and strawberries	Pancake with chocolate/Cold tea
4.5.2018	Sandwich with butter, pork fillet and cucumber / tea	kiwi	Argentine salad/Salad with cucumbers, olives and parsley	Rabbit soup/Vegetable soup	Peas with pork meat/Gyros with chicken and vegetables / Vegetable gyros	Milky mousse with banana	Sandwich with cheese/tea
8.5.2018	Cereal with milk	apple	Shepred salad/Tricolor salad	Turkey soup/Tarator	Chicken stew with patatoes/ Grilled pork steak with grilled vegetables/ Kachimak	Sweet milky rice	Honey biscuits/ Milk
9.5.2018	Sandwich with butter, pork fillet and tomatoe / tea	pear	Tzatziki salad/Patato salad	Pork soup/ Bean cream soup	Chicken skewers with baby carrots/Stefani roll/ Risotto with vegetables, cheese and cherry tomatoes	Custard cream	Fruit pie/tea
10.5.2018	Croissant filled with orange peel and inca berry	banana	Beans with chutney/Salad with cucumbers and tomatoes	Cream soup with vegetables, fetta cheese and croutons	Patato ball with sweet corn and tuna fish / Fish pie and pataoes	Yogurt cream with chia and strawberries	Sandwich with chutney and fetta chees/tea
11.5.2018	Sandwich with milk paste, cucumber/tea	strawberries	Tomatoes, spinach and cinoa/Mixed salad	Beef stew/Gardener soup	Pizza with mushrooms,tomato, chicken, mozzarella and cheese/ Pork with cabbag/Pizza Margarita	Fruit salad	Apple pie/yogrt drink
14.5.2018	Cous cous with butter and fetta cheese / tea	apple	Shepred salad/Salad with turnips and carrots	Pork soup/ Tarator	Shepered pie/Veal Stir Frei/ Rice with tomato and olives	Fruit juice	Sweet banitsa /tea
15.5.2018	European breakfast/milk	pear	Green salad with egg/Italian salad	Duck soup/Vegetable soup	Chicken legs with melted cheese and patatoes/Pork with vegetables/Bean stew	Lemon cream	Sandwich with avocado and fetta cheese/ tea
16.5.2018	Sandwich with cheese/yogurt drink	banana	Salad with broccoli and sesame/ Salad with tomatoes and peppers	Soup with mini meat balls/Patato soup	Chicken stew/ Viennese Schnitzel with stewed brown rice/Fresh pasta with basil, cherry tomatoes, rucicola and parmesan	Milky mousse with banana	Strawberrie roll/milk
17.5.2018	Sandwich with butter, turkey fillet and cucumber/ tea	kiwi	Iceberg salad with cucumber and parmesan/Salad with carrots and parsley	Cream soup from carrots and cauliflower with croutons	Baked salmon/Paella withfish meat and fresh patatoes with rosemary	Fruit salad	Hungarian roll / / Milk
18.5.2018	Baked donuts / milk	strawberries	Tzatziki salad/Tricolor salad	Beef stew/Nettle soup	Grilled meat balls with mashed patatoes/Kebab with rice/ Peppers stuffed with rice	Yogurt cream with chia and strawberries	Sandwich with fetta cheese and egg/tea
21.5.2018	Macaroni with fetta cheese/ milk	apple	Mixed salad/Salad with lettuce, radishes and cucumber	Chicken soup/Cream soup from roasted peppers and fetta cheese with croutons	Baked cabbage and pork /Shnitzel from minced meat and three types of puree / Mish-mash	Panakota cream	Muffin with fetta cheese/tea
22.5.2018	Sweet bread/yogurt drink	pear	Icebergsalad with cherry tomtoes and parmesa/Tomatoes with fetta cheese	Soup with mini meat ball/Vegetable cream soup with croutons	Chicken fricase / Pork with dill and oregano / Zucchini Soufle	Yogurt cream with chia and strawberries	Sandwich with butter, mozzarella and tomato/tea
23.5.2018	Ciabatta with philadelphia cheese, chicken fillet and tomato / tea	banana	Tabbouleh/Salad with carrots and cabbage	Beef stew/ Tarator	Chicken bites with sesame and potatoes /Pork rolls / Cheese pane	Custard cream	Cookies/yogurt drink
25.5.2018	French sandwich with tomato, fetta cheese, olives and basil/tea	strawberries	Salad with beet and turnip / Tzatziki salad	Turkey soup/Spinach soup	Лазаня с мяно месо, шунка и кашкавал/Телешки гювеч/Лазаня с три вида сирене	Fruit juice	Fruit pie with oat flakes/yogurt drink
28.5.2018	Cous cous with butter and fetta cheese / tea	apple	Salad with carrots and parsley / Salad with cucumbers and olives	Chicken stew/Tarator	Meatballs / Snitzel with wild rice / Stuffed peppers with eggs and feta with milk sauce	Milk with semolina and fruits	Yogurt with strawberries and bishkoti/tea
29.5.2018	European breakfast/milk	strawberries	Iceberg and tomatoes / Tabbouleh	Pork soup /Patato crea soup with croutons	Chicket fillet green beans / yogurt / Beef with mashed potates /Poached eggs with yogurt and feta	Fruit salad	Sandwich with cheese/tea
30.5.2018	Homemade banitsa/Yogurt drink	cherries	Argentine salad/Patato salad	Rabbit soup /Vegetable borscht	Pork with mushroom sauce and brown rice / Chicken bites with baby carrots and corn / Musaka from zucchini and rice with yogurt	Panakota cream	Carrot cake/yogurt drink
31.5.2018	Toasted sandwich with minced meat and cheese / tea	banana	Tomatoes, spinach and cinoa/Beans with chutney	Dock soup	Grilled salmon / Fish / Fresh potatoes with dill	Sweet milky rice	Pancake with jam/milk